

Local Resource Quick Reference Guide

Unemployment Help

<u>Apply for Oregon Unemployment Insurance.</u>

Call (541) 776-6060 for WorkSource Rogue Valley Monday through Friday: 8 AM to 5 PM

COVID-19 Related Business Layoffs, Closures, and Unemployment Insurance Benefits

Job Seeking Help

Goodwill Job Connection

Services for job seekers, including basic computer skills and list of regional jobs updated daily

Ashland: (541) 324-1879 Mon, Wed, Fri: 10 AM - 4 PM Medford: (541) 772-3300 Mon - Fri: 9 AM to 4 PM

Email jobconnection@sogoodwill.org

WorkSource Oregon

Register for virtual resume workshops Call (541) 776-5100

Library Resources

Learning Express

Find a Career Match, Search for Jobs, and Tools to Get Hired

BrainFuse Job Now

Access downloadable resume templates and skill building lessons, videos, and tests

Available Jobs

Indeed
Oregon Jobs
AtoZ Databases
CareerOneStop

Housing

Access

Get rental, deposit, home ownership assistance. Call (541) 779-6691

Housing Authority of Jackson County

Find affordable and subsidized apartments Call (541) 779-5785

Oregon Homeless Shelter Directory

Find local shelters and their contact information

Food

Access Food Pantry Network

Find a list of temporary food pantries throughout Jackson County

Additional Food Resources

Oregon Dept. of Education

Families may be eligible for free or reduce-price school meals. Apply online or contact your school

<u>Supplemental Nutrition Assistance</u> <u>Program (SNAP)</u>

SNAP is available to low-income individuals and families

Veterans

Veteran Resource Navigator

Find federal, state, and local resources

General

Oregon Health Authority

Daily COVID-19 updates